



Digvijai Nath P.G College
Gorakhpur -273009

(NAAC 'B' Grade)
Affiliated

D.D.U Gorakhpur University Gorakhpur

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MOU

(Memorandum of Understanding)

Digvijai Nath P.G College Gorakhpur

&

Nirog Prakritik Chikitsa Evam Prashikshan Kendra Gorakhpur

With this agreement document, Nirog Prakritik Chikitsa Evam Prashikshan Kendra Gorakhpur agrees to provide training program for students and Staff of college on yoga, prakritik chikitsa and acupressure therapy to get relief from day by day health problems such as:-

1. Relieving stress, tension and anxiety.
2. Improving sleep.
3. Relaxing muscles and joints.
4. Soothing the pain and discomfort of a sports or other injury.
5. Reducing digestive issues.
6. Minimizing headaches.
7. Alleviating chronic pain.

The therapy stimulates the body's circulatory, lymphatic and hormonal systems. It also helps the function of the immune system and the body's natural ability to heal itself. The care will be taken by the college to provide the facility to organize the above mentioned camp.

The agreement will be effective from 5th August 2017.

Dr S.P Singh

Principal

Digvijai Nath P g college Gorakhpur

प्राचार्य
विश्वविद्यालय
गोरखपुर

Dr Sanjay Singh

Director

Nirog Prakritik Chikitsa Evam

Prashikshan Kendra Gorakhpur

3/8/17

Director

Nirog Prakritik Chikitsa
Evam Prashikshan Kendra
Gorakhpur