

CURRICULUM VITAE (CV)

Name: **Dr. Vivek Kumar Shahi**

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Current Residence: Block No. 3, Flat No. 104, Vasundhara Enclave, Phase -1, Tramandal, Gorakhpur, UP, Pin Code-273016.

Permanent Address: Village & Post- Kalanakhori, Dist. Siddharth Nagar, UP, Pin Code-272154.

Present Position - *Working as Assistant Professor, Psychology at D.N.P.G. College, Gorakhpur from Date 21/9/17.*

Academic Qualifications: -

D. Phil. – 2021, University of Allahabad.

D. Phil. Title: - “**Body Image and its Social and Psychological Consequences**”

UGC NET- June 2012, June 2013 & December 2013.

M.A.- 2010, University of Allahabad.

B.A.- 2007, Deen Dayal Upadhyay, Gorakhpur University, Gorakhpur.

Intermediate - 2004, U P Board, Allahabad.

High School - 2002, U P Board, Allahabad.

Orientation Course: 1, 123rd Orientation Program from University of Allahabad, from February 14, 2019 to March 13, 2019 and obtained Grade-A.

Refresher Course: 1, Online Refresher Course in Psychology, From TLC Ramanujan College, New Delhi, from 12 to 16 April, 2021 and obtained Grade A+.

Short Term Course: 1, UGC Sponsored Online Short-Term Course on Women and Child Development, organised by HRDC, DDU Gorakhpur University from 21 to 27 October, 2021.

Teaching Experience: 05 years in Permanent Capacity at D. N. P. G. College Gorakhpur, Also, 04 Years from July 2013 to August 2017 Assisted in Teaching in Department of Psychology, University of Allahabad.

Administrative Experience: Member in IQAC, Library Committee, Admission Committee, Internal Evaluation and Feedback Committee, Assistant Centre Superintendent of Examination, New Education Policy Committee, Research Development Cell at D. N. P. G. College, Gorakhpur.

Seminars/Workshops/Guest Lectures Organized:

1. Guest Lecture on “Emerging Fields and Opportunities of Psychology in India” (16th February, 2018).
2. National Seminar on “Advances in Health and Well-Being Research” (25-26, March, 2018) sponsored by UPHEd Allahabad.
3. Seven Days Workshop for Students on “Responsible Youth and Healthy Life-style” (5-11th January, 2019).
4. Panel Discussion on Mental Health and Suicide Prevention in Collaboration with Community Psychology Association India on 10th October, 2019 (World Mental Health Day).
5. Guest Lecture on “Depression in the context of Suicide Attempts” (31st October, 2019).
6. Poster Presentation by students on “Mental Health Awareness” (25th February, 2021).
7. One Day Seminar in blended (online/offline) mode on “Mental Health in an Unequal World” (9th October, 2021).
8. Two Days Mental Health Awareness Seminar with the Theme of “Making Mental Health and Well-Being for All a Global Priority” (10-11 October, 2022).

Fellowships:

Sl. No.	Type of Fellowship/Awards	Given by Academic body	Date/Academic Year
1	JRF	University Grants Commission	Dec 2013
2	SRF	University Grants Commission	Dec 2015

Invited Lectures

Sl. No.	Title of the Lecture	Title of Conference/ seminar/class etc.	Organized by	Whether International/ National/State/ University level	Date/Academic Year
1	Importance of Psychology in current scenario.	Invited Lecture in class	D. A. V. P. G. College, Gorakhpur	University level	2018
2	Trait perspective of Personality	Invited Lecture in class	Maharana Pratap P.G. College, Jungal Dhusar, Gorakhpur	University level	2018

Participation in Academic and Research Activities:

1. Participated in UK India Collaborative Project as a field investigator “The Psychological Experience and Consequences of Collective Participation” during January 2010.
2. Participated on UGC SAP Orientation Workshop for young researchers and supervisors on Research Methodology in Education and Social Sciences during 07-16 December, 2013 at Allahabad University.
3. Participated as Field Investigator at Mahakumbh, 2013 in US India Collaborative Project sponsored by Arizona State University and Penn State University during January-February, 2013.
4. Participated on faculty enrichment Program Under CPE Scheme (Phase II) of UGC at Jagat Taran Girls Degree College, Allahabad University on 28th February 2015.
5. Participated in Author workshop jointly organized by Springer & University of Allahabad on 30th October 2015.
6. Participated in the workshop on ‘Structural Equation Modelling’ Jointly Organized by Department of Psychology and CBCS University of Allahabad during February 02-05 2016.
7. Participated in Global Initiative Academic Network (GIAN) Course on “Perception of Time” during 01-15 March, 2016 at CBCS Allahabad University.
8. Participated in Workshop on “Statistical Thinking and Data Analysis” Organized by Department of Statistics, University of Allahabad during 16-22 May 2016.
9. Participated in a seminar on “Yoga for Social Health” jointly organized by international federation of yoga professionals (IFYP) and D.N.P.G. College, Gorakhpur held on 16.09.2018.
10. Participated in 123rd Orientation Programme and obtained Grade A by UGC-Human Resource Development Centre, University of Allahabad from February 14, 2019 to March 13, 2019.
11. Participated in “NAAC Evaluation: Need and Process” organised by IQAC, DDU Gorakhpur, University on 7-12-2019.
12. Participated in workshop on “Use of ICT to make Learning more effective” organized by Digvijai Nath Post Graduate College, Gorakhpur, During 22.04.2019 to 01.05.2019.
13. Successfully completed one-week online training program on ICT Tools for Teaching, Learning and Administration organised by Department of Electronics and Communication J. K. Institute of Applied Physics and Technology, University of Allahabad during August 4 to August 10, 2020.
14. Virtually Participated in the National Level Webinar on “NAAC assessment and accreditation process” held on 25th August 2020 by Lingaraj College, Belagavi and NAAC, Bengaluru.
15. Virtually Participated in the National Level Webinar on “Effective online teaching in present scenario” held on 26th August 2020 by Lingaraj College, Belagavi.
16. Virtually Participated in the National Level Webinar on “Implementation of National Education Policy-2020 in Higher Education” organized by Digvijai Nath Post Graduate College, Gorakhpur during 07 to 08 September, 2020.
17. Virtually Participated in One Week Online Faculty Development Program on Advanced Research Methodology Applicable in New Education Policy organised by Digvijai Nath Post Graduate College, Gorakhpur & Science Tech Institute, Lucknow, U. P. during June 22 to 28, 2021.

Presentation-

1. Presented Paper Entitled “Predictors of problematic Facebook use” in Advances in Cognition and Health during January 23-25, 2014” at B.H.U.
2. Presented a Poster on “Body Image discrepancy, Body Area Satisfaction and Self Esteem” in 25th Silver Jubilee Convention of NAOP during Feb 02-05 2016 at Allahabad University.

3. Presented paper entitled “The Role of Self-Help Groups in Development of Rural Women” in UPHEd National Seminar on “Role of Cooperation in Rural Economic Development” during 23-24 March, 2018 D.N.P.G. College, Gorakhpur.
4. Presented Paper entitled “बौद्ध शिक्षा के मनोवैज्ञानिक आयाम” in ICHR Sponsored Seminar on “Relevance of Buddhist Education in Present Global Perspective” during 08-09, April, 2018.
5. Presented paper entitled “Women and Body Image; An exploration of gender difference among college students” in UGC National Seminar on “Women Studies: Prospects and Challenges” during 12-13 April, 2018 H.R.P.G. College, Khalilabad, Sant Kabir Nagar.
6. Presented paper entitled “Body Image and Mental Health” in National seminar on Health and Well-being: Research Trends and Applications during September 15-16, 2018 at Department of Psychology, DDU, Gorakhpur, University.
7. Presented a paper entitled “Problematic Smartphone Use among College Students” in two days National Seminar on “Modern Perspectives of Positive Psychology and Health Management in India” organised by Department of Psychology, Feroze Gandhi College, Rae Bareilly held on 7th and 8th February 2020.

Co-chair/Co-ordinator/Observer/Board of Studies

1. Co-chaired a session entitled “Positive Socialization and Health” in two days National Seminar on “Modern Perspectives of Positive Psychology and Health Management in India” organised by Department of Psychology, Feroze Gandhi College, Rae Bareilly held on 7th and 8th February 2020.
2. Co-ordinated Field Flying Squad of Annual Examination 2021-22 at Deen Dayal Upadhyay Gorakhpur University, Gorakhpur.
3. Worked as Observer in U. P. B. Ed. Entrance Examination Organized by Lucknow University for session 2020-2022 at Deen Dayal Upadhyay Government Degree College, Sahjanawa, Gorakhpur.
4. Worked as Observer in U. P. B. Ed. Entrance Examination Organized by M. J. F. Ruhelkhand University, Bareilly for session 2022-2024 at Bapu Intermediate College, Pepeganj, Gorakhpur.
5. Participated in BoS of Psychology Department, Deen Dayal Upadhyay Gorakhpur University, Gorakhpur, held on 22/12/2020.

Counseling Experience

Worked with the emotional and personal problems of students at the Department Counseling Centre.

Ongoing Project Work

Working as Co-PI in a project entitled as “A Comparative study of Academic Quality in Affiliated Colleges at Deen Ddayal Upaadhayay, Gorakhpur university, Gorakhpur”, (with Dr. Rajsharan Shahi, Associate Professor, BBAU, Lucknow) sponsored by Uttar Pradesh Higher Education, Department.

Publications

Sl. No	Details (Mention, Year, Value etc. Where relevant)
1	Shahi & Kohli (2019), " Body Image Attitudes and Perception among College Students" IAHRW International Journal of Social Sciences Review, ISSN-2347-3797, UGC Journal No 41948. Volume 7, Issue 5-I May 2019, Page No- 1263-1267.
2	Shahi, Kohli & Yadav (2019) "Sociocultural Pressure and Body Image Internalization across Gender and BMI categories among Indian University Students", Journal of Emerging Technologies and Innovative Research, ISSN: 2349-5162, UGC Journal No 63975, Volume 6, Issue 3, March-2019, Page No- 736-753.
3	Shahi, Kohli & Yadav (2019), "Role of Body Mass Index (BMI) and Gender in Body Image among Indian Students", International Journal of Research and Analytical Reviews, ISSN: 2348-1269, UGC Journal No 43602, Volume 6, Issue 1, March-2019, Page No- 247-266.
4	Shahi, Tripathi & Kohli (2023), "A Study of Conceptualization of Body Image in Indian Context", Journal of Pharmaceutical Negative Results: Volume 14: Regular Issue 02: January, 2023, Page NO. 415-425. DOI: 10.47750/pnr.2023.14.02.53.
5	Book chapter- Shahi, V. K. (2018) "महिलाएं एवं शारीरिक छवि " in book Women's Studies. Prospects and Challenges edited by Dr. Manju Mishra, ISBN 978-93-87662-19-3, Page No. 107-112.

Place: Gorakhpur

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